

LATIN AMERICAN SYLLABUS STEP LIST , LISTE DES FIGURES, COMPETITIONS & MEDAL TESTS

| | CHA CHA | | RUMBA | | SAMBA | | PASO DOBLE | |
|--|---------|---|--|---|-------|---|------------|---|
| Beginners Débutants | 1 | Basic Movements, Closed, Open and in Place. | 1 | Basic Movements (Closed, Open, In Place, Alternative) | 1 | Basic Movements: Natural and Reverse, Side and Progressive | 1 | Sur Place |
| | 2 | New York (Left and Right side) | 2 | Cucarachas Left Foot and Right Foot | 2 | Whisks (also with Lady's Underarm Turn) | 2 | Basic Movement |
| | 3 | Spot Turns to Left or Right (incl. Switch and Underarm Turns) | 3 | New York to Left and Right side | 3 | Samba Walks in Promenade Position | 3 | Chassés to Right or Left (including elevations) |
| | 4 | Shoulder to Shoulder Left side & Right side | 4 | Spot Turns to Left or Right (incl. Switch and Underarm Turns) | 4 | Rhythm Bounce | 4 | Drag |
| | 5 | Hand to Hand (Right and Left side position) | 5 | Shoulder to Shoulder | 5 | Travelling Voltas to Right and Left (facing no turn) | 5 | Déplacement (also Attack) |
| Pre-Bronze Pré-Bronze | 6 | Three Cha Cha Chas- Fwd and Back. | 6 | Progressive Walks forward or back | 6 | Travelling Bota Fogos Forward | 6 | Promenade |
| | 7 | Side Steps (to Left and Right) | 7 | Side Steps (to Left or Right) | 7 | Criss Cross Bota Fogos (Shadow Bota Fogos) | 7 | Ecart (Fallaway Whisk) |
| | 8 | There and Back | 8 | Cuban Rocks | 8 | Samba Walks (Side and Stationary) | 8 | Separation |
| | 9 | Time steps | 9 | | 9 | | 9 | Separation with Lady's Caping Walks |
| Bronze | 10 | Fan | 10 | Fan | 10 | Travelling Bota Fogos Back | 10 | Fallaway Ending to Separation |
| | 11 | Alemana | 11 | Alemana | 11 | Bota Fogos to PP and CPP | 11 | Huit |
| | 12 | Hockey Stick | 12 | Hockey Stick | 12 | Criss Cross Voltas | 12 | Sixteen |
| | 13 | Natural Top | 13 | Natural Top | 13 | Solo Spot Volta | 13 | Promenade and Counter Promenade |
| | 14 | Natural Opening Out Movement | 14 | Opening Out to Right and Left | 14 | Foot Changes 1&2 | 14 | Grand Circle |
| | 15 | Closed Hip Twist | 15 | Natural Opening Out Movement | 15 | Shadow Travelling Volta | 15 | Open Telemark |
| Silver Argent | 16 | Fan (Development) | 16 | Fan (Development) | 16 | Reverse Turn | 16 | |
| | 17 | Open Hip Twist | 17 | Open Hip Twist | 17 | Corta Jaca | 17 | |
| | 18 | Reverse Top | 18 | Reverse Top | 18 | Closed Rocks | 18 | |
| | 19 | Opening Out from Reverse Top | 19 | Opening Out from Reverse Top | 19 | | 19 | |
| | 20 | Aida | 20 | Aida | 20 | | 20 | |
| | 21 | Spiral Turns (Spiral, Curl and Rope Spinning) | 21 | Spiral Turns (Spiral, Curl and Rope Spinning) | 21 | | 21 | |
| | 22 | Cross Basic | 22 | | 22 | | 22 | |
| | 23 | Cuban Breaks (incl. Split Cuban Breaks) | 23 | | 23 | | 23 | |
| | 24 | Chase | 24 | | 24 | | 24 | |
| Gold Or | 25 | Alemana R to R Hand hold | 25 | Progressive walks fwd in Right shadow Position (kiki walks) | 25 | Foot Changes 1 to 8 | 25 | La Passe |
| | 26 | Adv. Hip Twist (Development) | 26 | Alemana R to R Hand hold Advanced | 26 | Contra Bota Fogos | 26 | Banderillas |
| | 27 | Hip Twist Spiral | 27 | Hip Twist (Development) | 27 | Roundabout | 27 | Twist Turn |
| | 28 | Turkish Towel | 28 | Sliding Doors | 28 | Natural Roll | 28 | Fallaway Reverse Turn |
| | 29 | Sweetheart | 29 | Fencing | 29 | Reverse Roll | 29 | Coup de Pique |
| | 30 | Follow My Leader | 30 | Three Threes | 30 | Promenade and Counter Prom. Runs | 30 | Left Foot Variation |
| | 31 | Foot Changes | 31 | Three Alemanas | 31 | Three Step Turn | 31 | Spanish Lines |
| | | | | Hip Twists - Adv. Continuous- Circular | | Samba Locks | | Flamenco Taps |
| | | | | | | Cruzados Walks and Locks | | |
| | | | | | | | | |
| Gold Star - Etoile d'Or | | | Gold Star - Etoile d'Or | | | Gold Star - Etoile d'Or | | |
| Steps 1 - 29 Figures 1 - 29 See note - Voir note | | | Steps 1 - 26 Figures 1 - 26 See note - Voir note | | | Steps 1 - 31 Figures 1 - 31 See note - Voir note | | |
| | | | | | | 31- Travelling Spins from CPP with syncopated timing Steps 1 - 31 - Figures 1 - 31 See note - Voir note | | |

| JIVE | | | | General Information | | Informations Générales | |
|---------------------------------|----------------|---|----------------------------------|---------------------|----------------------------------|---|---|
| Beginners Débutants | 1 | Basic in Place | Silver Argent | 4 | Hesitation (1-2 of link) | Gold Star: All above figures in each dance also the figures and amalgamations as written in the book Popular Variations by ISTD. Complete figures must be danced. | Etoile d'Or: Toutes les figures mentionnées dans chaque danse ainsi que les enchaînements tels que décrits dans le livre de Popular Variations de l'ISTD. Les figures complètes doivent être dansées. |
| | 2 | Fallaway Rock | | 15 | Reverse Whip | | |
| | 3 | Fallaway Throwaway | | 16 | Windmill | | |
| | 4 | Link (kick ball change all levels) | | 17 | Spanish Arms | | |
| | 5 | Change of Places Right to Left | | 18 | Rolling Off the Arm | | |
| | 6 | Change of Places Left to Right | | 19 | Simple Spin | | |
| Pre-Bronze Pré-Bronze | 7 | Change of Hands Behind Back | Gold Or | 20 | Miami Special | No restrictions. The use of arms should be rhythmical and suit the figure and the dance | Bras Aucune restriction. L'utilisation des bras devrait être rythmique et convenir à la figure et à la danse. |
| | 8 | Hip Bump (Left Shoulder Shove) | | 21 | Curly Whip | | |
| | 5 | Change of Places Right to Left with Change of Hands | | 22 | Shoulder Spin | | |
| | 6 | Change of Places Left to Right with Change of Hands | | 23 | Toe Heel Swivels | | |
| | | | | 24 | Chugging | | |
| | | | | 25 | Chicken Walks | | |
| | | | | 26 | Catapult | | |
| Bronze | 9 | American Spin | Gold Star Etoile d' Or | 27 | Stalking Walks, Flicks and Break | Please Note: In syllabus competitions IDTA styling or foot positions may be used. Examinations remain as per ISTD Reference: ISTD Manuals ISTD Popular Variations | S.V.P. Notez: Pour les compétitions, le style et les positions de pieds de l'IDTA peuvent être utilisés. Pour les examens utilisez l'ISTD Références : Manuels ISTD ISTD Popular Variations |
| | 10 | Walks | | | | | |
| | 11 | Stop and Go | | | | | |
| | 12 | Mooch | | | | | |
| | 13 | Whip | | | | | |
| 14 | Whip Throwaway | | | | | | |